



New Behavioral Health Services from the Children's Medicaid Transformation

Effective January 1, 2019 children and adolescents under age 21 covered by Medicaid with mental health or substance use needs are eligible for new Children and Family Treatment Support Services (CFTSS) as part of their Medicaid benefit. These new services are the first of a number of new services that will be phased in over the remainder of 2019. Some of the services are new and emphasize identifying mental health or substance use needs earlier, providing support in the home and community, and overall reduction in the need for emergency room visits, hospital stays and other out of home placements.

The new CFTSS that began January 1 are Other Licensed Practitioner Therapy Services; Psychosocial Rehabilitation Services; and Community Psychiatric Supports and Treatment.

- **Other Licensed Practitioner Therapy Services**, including assessments for mental health and/or substance use needs; identification of strengths and abilities through individual and group therapies; and provision of these services where individuals and families are most comfortable
- **Psychosocial Rehabilitation Services and Community Psychiatric Supports and Treatment**, including helping individuals and families incorporate therapy goals into everyday life and receive extra support managing medication; assisting patients and families to build relationships and communicate better with family, friends and others; and teaching self-care and how to use coping skills to better manage emotions

If you have patients who are under 21 and covered by Medicaid who would benefit from the above services, you or the patient can contact the Medicaid Managed Care Plan with which the patient is affiliated - contact information can be found on the patient's Managed Medicaid health plan card.