



New Behavioral Health Services from the Children's Medicaid Transformation

Children and adolescents under age 21 with mental health or substance use needs who are covered by Medicaid are eligible for new Children and Family Treatment Support Services (CFTSS) as part of their Medicaid benefit. These new services are being phased in in 2019 and 2020. Some of the services are new and emphasize identifying mental health or substance use needs earlier and providing support in the home and community with the goals of reducing emergency room visits, hospital stays and out of home placements.

Phase I of the new CFTSS services was effective January 1, 2019. The new services include Other Licensed Practitioner Therapy Services; Psychosocial Rehabilitation Services; and Community Psychiatric Supports and Treatment as follows:

- **Other Licensed Practitioner Therapy Services**, including assessments for mental health and/or substance use needs; identification of strengths and abilities through individual and group therapies; and provision of these services where individuals and families are most comfortable
- **Psychosocial Rehabilitation Services and Community Psychiatric Supports and Treatment**, including helping individuals and families incorporate therapy goals into everyday life and receive extra support managing medication; assisting patients and families to build relationships and communicate better with family, friends and others; and teaching self-care and how to use coping skills to better manage emotions

Phase II—the addition of **Family Peer Support Services**—is effective July 1, 2019. Family Peer Support Services cover six areas: Outreach and information about available resources; engagement, bridging and placement transition support; self-advocacy, self-efficacy and empowerment; community connections and natural supports enhancement; parent skill development; and promoting effective family-driven practice.

Other changes effective July 1, 2019, include:

1. **Behavioral Health** services already in Medicaid managed care for adults 21 and older are now available to individuals 18 to 20. These services include Assertive Community Treatment (ACT), Personalized Recovery-Oriented Services (PROS), Partial Hospitalization, Continuing Day Treatment (CDT), and the Comprehensive Psychiatric Emergency Program (CPEP)
2. **Substance Use** services already in Medicaid managed care for adults 21 and older are now available to individuals 18 to 20. These services include OASAS Outpatient and Opioid Treatment Program (OTP) services; OASAS Outpatient Rehabilitation services, and OASAS Residential services.
3. **OMH licensed Seriously Emotionally Disturbed (SED)** designated clinics are part of Medicaid managed care
4. **Children with SSI benefits** are eligible for all Children's Medicaid Transformation programs

If you have patients who are under 21 and covered by Medicaid who would benefit from the services listed above, you or the patient can contact the Medicaid Managed Care Plan with which the patient is affiliated. Contact information can be found on the patient's Managed Medicaid health plan card.

Links to the three major health plans that Montefiore patients utilize are listed below:

Healthfirst

www.Healthfirst.org/bh

www.hfprovidermanual.org

Emblem Health

www.emblemhealth.com/Providers/Provider-Resources/Learn-Online

www.Emblemhealth.com/Providers/Provider-Manual

Empire

https://mediproviders.empireblue.com/Documents/NYNY_CAID_ProviderManual.pdf

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