

## Upcoming Disease Management Workshops

As a reminder, CMO offers Diabetes, CHF and Respiratory (Asthma/COPD) Disease Management (DM) Programs to all members, including our Emblem Health membership. The CMO DM Team supports primary care and specialty providers by educating members on the importance of health maintenance, self-management techniques and prevention of disease complications. They also offer individual consultations with RNs at various primary care sites, group classes, telephonic outreach, telemonitoring programs and coordination of services for eligible members.

For more information regarding disease management, or to register your patients to participate in one of the free disease management workshops below, call 1-866-996-6683 or email [ChronicCare@montefiore.org](mailto:ChronicCare@montefiore.org).

### **“Diabetes & Healthy Eating” Workshops:**

MMG Bronx East - 2300 Westchester Avenue, Bronx  
**Tuesday, June 23, 2009 @ 12 PM – 2 PM (in Spanish)**  
**Tuesday, June 23, 2009 @ 4 PM - 6 PM**

Yonkers Public Library - 1500 Central Park Ave, 3rd Fl, Yonkers

**Tuesday, June 9, 2009 @ 10 AM – 12 PM**  
**(3<sup>rd</sup> Floor - Meeting Room)**

MMG Grand Concourse - 2532 Grand Concourse, Bronx  
**Thursday, May 21, 2009 @ 10 AM – 12 PM**  
**Thursday, June 25, 2009 @ 10 AM – 12 PM**

Co-op City Community Center - 177 Dreiser Loop, 2nd Fl, Room # 8, Bronx

**Tuesday, June 23, 2009 @ 4 PM – 6 PM**

### **“Learn About COPD & Asthma” Workshops:**

MMG Bronx East - 2300 Westchester Avenue, Bronx  
**Thursday, June 4, 2009 @ 10 AM- 11 AM**

Yonkers Public Library - 1500 Central Park Ave, 3rd Fl, Yonkers

**Thursday, June 11, 2009 @ 10 AM- 11AM**

MMG Grand Concourse - 2532 Grand Concourse, Bronx  
**Tuesday, June 16, 2009 @ 10 AM- 11 AM**

Co-op City Community Center - 177 Dreiser Loop, 2nd Fl, Room # 10, Bronx

**Tuesday, May 26, 2009 @ 3 PM - 4 PM**  
**Tuesday, June 23, 2009 @ 10 AM – 11AM**